

Naloxone for Overdose Prevention	
patient name	
date of birth	
patient address	
patient city, state, zip	
Rx	Dr. Carl Christensen
2301 South Huron Parkway	
Suite 3A	
Ann Arbor, Mi 48104	
734-368-9871	
EVZIO 0.4 mg	
#1 two pack	
PRN for Opioid overdose	
Refills: 1	<input checked="" type="radio"/> 2 <input type="radio"/> 3 <input type="checkbox"/> No substitutions
Sig: For suspected opioid overdose.	
EVZIO should be injected into the muscle or skin of the outer thigh.	
Repeat after 3 minutes if no or minimal response	
Prescriber Signature	
Date	8/25/15

Are they breathing?

Signs of an overdose:

- Slow or shallow breathing
- Gaspings for air when sleeping or weird snoring
- Pale or bluish skin
- Slow heartbeat, low blood pressure
- Won't wake up or respond (rub knuckles on sternum)

Call 911 for help

All you have to say:

"Someone unresponsive and not breathing"

Give clear address and location

Airway

Make sure nothing is inside the person's mouth

Rescue Breathing

Oxygen saves lives. Breathe for them

One hand on chin, tilt head back, pinch nose closed

Make a seal over mouth and breathe in

1 breath every 5 seconds

Chest should rise, not stomach

Evaluate

Are they any better? Can you get Naloxone quickly enough that they won't go too long without your breathing assistance?

Prepare Naloxone

Pull EVZIO injector from outer case

Pull off RED safety guard (to reduce the chance of accidental injection. Do not touch the BLACK base of the injector, which is where the needle comes out)

Muscular injection

Place the BLACK end of the EVZIO injector against the outer thigh, through clothing if needed

Press firmly and hold in place for 5 seconds. The EVZIO injector will make a distinct click and hiss sound when activated.

Hold in place until the audio completes the countdown and says "injection is complete"

If you give EVZIO to an infant less than 1 year old, pinch the middle of the outer thigh before you give EVZIO and continue to pinch while you give EVZIO

Evaluate + support

Continue rescue breathing

Give another injection of EVZIO in 3 minutes if no or minimal breathing or responsiveness

Naloxone wears off in 30-90 minutes

Get them medical care and help them not to use more opiate right away

How to Avoid Overdose

- Only take medicine prescribed to you
- Don't take more than instructed
- Call a doctor if your pain gets worse
- Never mix pain meds with alcohol
- Avoid sleeping pills when taking pain meds
 - Dispose of unused medications
- Store your medicine in a secure place
- Learn how to use naloxone
- Teach your family + friends how to respond to an overdose

For More Info
PrescribeToPrevent.com

Poison Center
1-800-222-1222
(free & anonymous)

OVERDOSE PREVENTION/RESCUE TRAINEE

This is to certify that:

Joshua Porter

Has been trained in overdose prevention and rescue by MI-HOPE and Christensen Recovery Services and given a prescription to carry naloxone (EVZIO) by

Dr. Carl Christensen, MD, License# **AC3102629**

Issued on Aug 10, 2015